



Ohio 4-H Cloverbud Kits

A teaching tool for Ohio 4-H Volunteers

Do you want to provide your 4-H Cloverbuds more fun and hands-on activities? Ohio 4-H Cloverbud Volunteers now have the opportunity to borrow 4-H Cloverbud Kits from their local OSU Extension Office. As a result of two generous grants from the Ohio 4-H Foundation, four kits have been developed for each county in Ohio. The kits focus on lessons taken directly from the Ohio 4-H Cloverbud Curriculums – Series I and II. Volunteers will now have access to timely and easy-to-use teaching resources for 4-H Cloverbud Club meetings.

The five kits include:

- ***Fitness is Fun*** – children will learn about physical fitness and the importance of exercise. Using the nationally known Half-pint Skillastics™, children will be introduced to a variety of fun exercises and learn the importance of fitness. The kit also contains bean bags activities, children's book and teacher's notebook with *Fitness is Fun* Curriculum.
- ***Sports Fun*** – Cloverbuds will practice sport skill-building and become familiar with many aspects of different sports including sports equipment, playing fields, and sports lingo. This on-line kit includes sport bingo, ice breakers and mixers, games and activities, as well as book and craft ideas. This kit is available at: <http://www.ohio4h.org/youth/cloverbud/cloverbudresources.html>
- ***Our Country*** – children will learn about our country and how to fold a flag, put together a floor puzzle of the United States, learn about the history of the 4-H flag, weave a 4-H flag, sing patriotic songs with a CD, learn fun facts about Ohio and enjoy a children's book about *America Is...* The kit also contains a teacher's notebook with the *Our Country* Curriculum.
- ***The Science of Sound*** – Cloverbuds will learn all about sound with sound experiments, participate in sound matching activities, play music on pipe chimes, color their way through a listening skills activity, play games, learn about *Sounds All Around* from a children's book, and have fun with sound clips on a CD. The kit also contains a teacher's notebook with *The Science of Sound* Curriculum.
- ***Food Fun*** – children will learn about the new MyPyramid, play food bingo, enjoy a music CD, read about *Eating the Alphabet* from a children's book, experience healthy snack ideas, and understand serving sizes using food models. The kit also contains a teacher's notebook with the *Food Fun* Curriculum.

Do you need meeting ideas? Want more games, music, books, and fun activities to share with your 4-H Cloverbuds? Contact the Extension Office for availability and length of time you can borrow a kit.

