

Changes for the 2010 State Fair Food and Nutrition Event

The Food and Nutrition committee has met and discussed changes to the State Fair activities. We have decided to make some major changes to the Food and Nutrition State Fair activities. We will be changing from 4 stations to three stations. Those stations will be:

- My Pyramid
- Interview
- Project Presentation

All of the stations will be project specific. The interview station will contain questions specifically from the participant's book.

My pyramid will be somewhat activity based, but also answering questions related to the member's knowledge gained from their book.

The new station for 2010 will be a "Project Presentation" station. The participant will be responsible for bringing a 3 pronged folder that includes 8 ½" x 11" pages. The participants will create a maximum of one page (one-sided only) per "activity area" or "interest area" as designated in the front of their project books. These pages could be in collage, journaling, timeline, photo, or any other format that would illustrate the work and knowledge of the participant. Each page could be different or could be a combination of styles providing the 4-Her to reflect on their learning experience. **There will be no points for scrapbooking style.**

This "Project Presentation" station will be judged using a rubric allowing the participant to explain their project.

Considering that some county fairs will overlap or run close to state fair. Counties might want to consider including this activity in their county judging so that youth selected for state fair will be prepared for the state fair contest.