

Ohio 4-H Cloverbud Connections



















Fall 2007 Issue

For 4-H Cloverbud Volunteers working with grades K-2

Evaluating Your Cloverbud Program

Is your Cloverbud program going as well as you'd like? Are the activities useful and fun? Should anything be done differently? To answer these questions, turn to program evaluation!

Here's how to get started:

- **○** *Decide on the questions you want answered.* Examples include:
 - 1. Am I satisfied with the numbers of children enrolled this year? Were my recruitment strategies successful?
 - 2. Do all children actively participate in meetings, or only a small group?
 - 3. Was a particular activity beneficial for children? In what ways?
 - 4. How are new members welcomed into the club?
- Decide what information you need. Evaluation uses many types of information opinions and attitudes of children, parents, or volunteers; attendance numbers; observations of behaviors or interaction between children. Sometimes there is a particular standard against which to measure if you are doing well, such as a specific enrollment number.
- → Decide how to get this information. Common methods include simple surveys or small group interviews, as well as drawings, photographs, and games. Information can be gathered one time, more than one time, or over a period of time.
- **○** Analyze your information. Look at what the numbers, words, attitudes, and behaviors are telling you.
- Use what you've learned. Make needed changes or improvements or feel confident you are on the right track.



Are you looking for an activity to do with your Cloverbuds that is fun and exciting? Then check out the pumpkin painting Click it, Print it, Do it activity. Instructions are included for a "Painting Pumpkins" activity that you can do at your next Cloverbud meeting.

A final note: You can involve the children by asking them what questions to ask, how they would go about getting information, and what it means. Be creative! If you are interested in evaluating your program, work with your county Extension Educator on any evaluation efforts or ideas.

Kristi Lekies Assistant Professor and Extension Specialist, 4-H Youth Development Ohio State University Extension, State 4-H Office

Holiday Crafts

Glass Magnets

Materials:

Clear, round, <u>flat (on one side)</u> glass stones (found in craft stores)

Used or new holiday cards or stickers

Round magnets

Tacky craft glue

Scissors

Paper plates

Directions:

- 1. Pick out a glass stone you want to use for your magnet.
- 2. Choose a card with a picture that will fit inside your glass stone. Put the stone on top of the card to see how it will look through the stone.
- 3. Hold the stone on top of the card and trace around the stone.
- 4. Cut around the tracing on the card. (picture)
- 5. Put tacky glue on the flat side of the glass stone and place the picture on the stone with the picture facing up so you can see it through the top of the stone.
- 6. Glue the round magnet to the back of the card.
- 7. Place on a paper plate to dry.

Hang on your refrigerator or give as a gift. You can use any kind of cards or stickers. Use stickers with initials and personalize your magnets.

Message Tiles

Materials:

White ceramic tiles (I used 4½ inch square tiles)

Stickers

Clear gloss glaze (found in craft stores)

Felt

Tacky glue

Colored markers

Scissors

Small paint brushes

Directions:

- 1. Lay a ceramic tile on a piece of felt and outline the tile with a marker.
- 2. Cut out the felt and glue it to the bottom of the ceramic tile.
- 3. Choose 2-4 small stickers to use and stick them in the corners of your ceramic tile. Be creative-decorate as many corners of the tile as you want. (Remember to leave room in the center of the tile for messages)
- 4. Take a small paint brush and paint on the clear glaze over the stickers. Don't paint the whole tile-just over the stickers.
- 5. Let dry.
- 6. Take a marker and write a message in the middle of the tile. It will wipe off with a damp paper towel.

Put by the phone or on the kitchen counter and use it to write messages or notes to your family!

Lesley Jirles, 4-H Program Assistant, Ohio State University Extension, Guernsey County, Ohio





Touchdown! Homerun! Hole in one!

The words we use in sports... they are familiar to us all. When we hear them, we can easily picture what they mean: excitement, winning and fun!

One of the most difficult aspects of working with Cloverbuds is that our activities are to be non-competitive. We live in a competitive world, and even Cloverbuds participate in competitive events when not in 4-H, like tee ball, pee wee football and youth soccer. So how is it possible to keep the competitive edge out of Cloverbuds?

One way is to realize that we can include sports in our teaching - we simply need to emphasize the aspects other than competition. Cloverbud age children can be learning the concepts of cooperation, sportsmanship, and loyalty through sports and they can participate in activities that encourage team-building and skill-building.

In 2006, the 4-H Cloverbud Priority Team created a Sports Kit to help Cloverbud volunteers focus on those valuable sports concepts. The kit includes ideas for ice breakers, games and activities, crafts, books, guest speakers and snacks. Discussion questions are also included to get feedback from Cloverbuds on their ideas about sports.

The kit also allows for skill-building in various sports activities. In the games, "Dunk It" and "Swing Away" members get to practice shooting hoops and batting. "Sports Bingo" is a non-competitive game where members learn more about the equipment and playing fields of different sports.

"Respect-acles" is a craft where eye glasses are made from pipe cleaners. When worn, these lenses help Cloverbuds look at others with respect and see that even though they may have different skills, they can still be friends.

The "Sports" kit is available on-line if you would like to have a copy for yourself. The kit can be found at http://www.ohio4h.org/youth/cloverbud/cloverbudresources.html and clicking on the Sports kit link.

Janine Yeske & Bruce Zimmer Extension Educators, 4-H Youth Development Ohio State University Extension, Jefferson & Monroe Counties, Ohio



Campus Connections

Hello again! It feels good to make another 4-H Cloverbud Connection with you!

Autumn is a wonderful time of the year to be outside with 4-H Cloverbud activities. The great outdoors stimulates our senses with the birds singing, the wind blowing, and the sun shining. At the same time, with children playing outside, they are at greater risk of having accidents. Accidents are the leading cause of injury and death for children. Therefore, "safety" is an important piece of our program for young children.

4-H Cloverbud activities are designed to be safe and fun. Special consideration must be given to ensure the safety of Cloverbud-aged children. Many 5 to 8 year-olds are not aware of realistic dangers surrounding animals, kitchen appliances, and outdoor activities (bicycle riding, etc.). Children often do not understand adult instruction, nor the consequences associated with not following directions (Shutske, 1995). Consequently, 4-H Cloverbud activities must be low risk and safe, especially since a child may not participate as directed.

As a 4-H Cloverbud Leader, your time and attention given toward making 4-H Cloverbud activities safe is essential for promoting healthy development. By making the activities safe, they can be successful. When children experience success, they gain in confidence and self-esteem by safely mastering 4-H Cloverbud activities. Self-esteem and optimism are byproducts of doing well and being successful (Seligman, 1995).

Remember the ultimate goal of 4-H Cloverbuds is the same as the overall 4-H youth program, which is the development of 4-H youth to become capable, competent, caring, and contributing citizens. I look forward to sharing more information with you in the future.

Thanks for all you do as a 4-H Cloverbud volunteer to improve the lives of children throughout Ohio!!

Scott D. Scheer, Ph.D. State Extension Specialist, Preadolescent Education



Apple Witch

Ingredients:

1 small apple 1 large round cracker 1 bugle snack 3 raisins peanut butter Chinese noodles



Wash apple, remove stem, and set flat side up.
"Glue" the cracker to the top of the apple, using the peanut butter. Using the same "glue," attach the bugle to the top of the cracker. Attach the raisins for eyes and nose and the Chinese noodles for hair and teeth.

Source: Sherry Bowers, Family Nutrition Program Assistant, OSU Extension, Ross County, Ohio

Have a safe Halloween



Cloverbud Connections is published four times annually by OSU Extension in Monroe and Hocking Counties, providing volunteers and teachers working with kindergarten through second grade access to unbiased, research-based information.

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