

OHIO 4-H MASTER PROJECTS



4-H 432M

Sewing and Textiles Master



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This Sewing and Textiles Master project is for members who want to sew something ***other than clothing***, and that is different from what they can make in other 4-H projects. Members of any age may complete this project, but should have previous sewing experience (comparable to what is required for other advanced-level 4-H projects), and be able to plan and complete the project on their own with minimal supervision or assistance.

NAME _____

AGE (as of January 1 of the current year): _____

COUNTY: _____

CLUB NAME: _____

ADVISOR: _____

Project Guidelines

1. Plan, sew, and evaluate at least one non-clothing fabric item. What you make should be different from what you can make in other 4-H projects, or should require specialized or professional level skills to complete (beyond what would be expected in other projects).
2. Take part in at least two learning experiences, as outlined and planned in section 2.
3. Take part in at least two leadership/citizenship activities, as outlined and planned in section 3.
4. Explore career opportunities in which you might apply or use what you learn by completing this project, as outlined in section 4.
5. Keep records of what you do, when you do it, how much you spend, and what you learn as you complete the project.
6. If possible, have someone take pictures of you working on your project at different stages as you progress from the beginning through completion, and attach copies of the photos in section 6 or in a separate project scrapbook.
7. Take part in a judging activity to evaluate the results of your project with someone else. The judging activity could be a simple discussion with your local 4-H advisor about what you did particularly well with your project, and what you might like to do better next time, or it could be a more complex activity such as participating in your county's 4-H sewing judging to see how the results of your work compare with those of other members enrolled in the Sewing and Textiles Master project.

Section 1: Planning What to Do and Doing What You Plan

To complete this project, you should plan, construct, and evaluate at least one non-clothing fabric item. There are lots of things you can do, but whatever you make should be different from what you can make within the guidelines of other 4-H clothing project categories, or should require specialized or professional level skills to complete (beyond what would be expected in other 4-H clothing projects). Here are a few examples of the many things you can do for your Sewing and Textiles Master project:

- Make and give away fuzzy seatbelt covers in local school colors as a service project to encourage youth to “buckle up.”
- Make stuffed animals or puppets for children in a local school, shelter, church, or day care program.
- Make a tent and/or sleeping bag for your next camping trip or overnigher.
- Make an appliquéd or embroidered wall hanging for your home or for a friend.
- Design and make decorator throw pillows for your bed or your living room sofa or as a gift for someone else.
- Make a set of holiday towels, hot pads, table cloths and/or napkins for each of the holidays you celebrate each year.
- Spin your own thread or yarn, and then knit, crochet, or weave it into a table covering or throw for a sofa or bed.
- Make new seat cushions and slip covers for your dining room chairs, or new seat cushions and awnings for your outdoor furniture.
- Make a set of personalized re-usable grocery bags or totes.

These are just “starting place” ideas. The whole notion of a master project is to decide for yourself what you want to do. Just make sure what you plan is different from what you could do in other clothing projects, and do what best suits you and your family’s need and interests. This project may be completed or repeated over several years, as long as new skills are developed each year, and as long as additional sources and activities are used. Be sure to enroll in 4-H and register your project with your Extension office each year.

Before deciding for sure what you want to do or make for your project, complete the following:

- Discuss your ideas with family, friends, and your project helper.
- Talk with someone who has done something similar to what you are planning, and ask for tips and advice.
- Check books about your topic at the library before you begin.
- Visit websites that provide more information about what you plan to do.
- Check your county’s project guidelines (if any) for additional requirements, especially if you choose to participate in county project judging or prepare an exhibit for the fair.

My Advanced Leadership Self-Determined Project Plan

Use this table to outline your goals (what you want to do in your project), the specific steps you need to take to accomplish those goals, and when you plan to do them.

Goals (<i>what I plan to do</i>)	Objectives (<i>specific steps for each goal</i>)	Dates (<i>when each will be accomplished</i>)

Section 2: Project Learning Experiences

Learning experiences are organized programs or events in which you learn from other people about things related to your project, beyond what you would do by yourself. Choose **at least two** learning experiences from the list below (or create your own). Write them in the table below. Record your progress by asking your project helper to initial next to the date when each one is completed. You may add to or change these activities at any time.

- With your club or family, visit two stores that sell sewing machines and sewing notions. Talk with a sales person to learn about the different products.
- Attend a clinic, workshop, demonstration, or speech on a topic related to your project.
- Prepare your own demonstration, illustrated talk, or exhibit.
- Participate in county judging.
- Tour a company that makes fabric items in your community

Learning Experiences (include location)	Date Completed	Project Helper Initials

Section 3: Leadership/Citizenship Activities

Leadership and citizenship activities provide opportunities for 4-H teens to live the 4-H pledge—by using their heads, hearts, hands, and health to think clearly, promote loyalty, provide service, and live better to improve their clubs, communities, country, and world. Choose **at least two**

- Make throws, pillows, decorative wall hangings, or other needed items for a local hospice or care center.
- Encourage a friend or a younger person to join 4-H and take a sewing project, or help a younger member plan and complete a clothing project.
- Do a modeling lesson and interview practice session for younger members to help them prepare for judging.
- Arrange to take your sewing equipment to a local senior center or nursing home and do mending for residents.

leadership/citizenship activities from the list below (or create your own). Write them in the table below. Record your progress by asking your project helper to initial next to the date when each one is completed. You may add to or change these activities at any time.

- Attend a local township trustees meeting or county commissioners meeting, and tell them about you and your club’s service projects.
- Assist in setting up for and cleaning up after a club, county, or area 4-H fashion revue or another 4-H event.
- Prepare an illustrated talk, speech, or skit related to your project, and present it for your 4-H club or at the county or area 4-H speaking contest.
- Invite a director or board member from a local shelter or charity to talk with your 4-H club about what their clients need, and donate gently used items to help.

Citizenship Activities	Date and Locations of Activities I Completed

Section 4: Explore Career Opportunities

One benefit of completing 4-H projects is that they give you a chance to think about and explore potential career opportunities. Many former 4-H teens use the skills and abilities developed in 4-H sewing projects in their careers. Some have successful careers in careers directly related to clothing, such as fashion designers, buyers and merchandisers, textile scientists, sewers, home economists, salespersons, and many others. Even if you do not pursue a career in a sewing field, you will use your 4-H sewing experience throughout life. It will serve you well when you want to achieve a “total look” and you will know how to look your best and present a good

appearance in any career field. You will know how to keep your homes and clothes in good repair and appearance.

Talk with a parent, project helper, or friend and brainstorm a list in the table below of at least three careers in which you could apply what you learn through this project. In the middle column, list the name of someone you know who could tell you more about that career. Select *one* of the people listed to interview them about their field and how to succeed in it. Summarize what you learned in the space below.

Leadership Career/Job Title	Person you could visit with who knows about the career	Date you visited ONE of these people about the career

What I Learned:

Section 6: Project Photos

Use this page to attach photos of you working on your project at different stages. Add additional pages if needed, or keep your photos and project records in a separate project scrapbook.

Section 7: Evaluating Your Results

Take part in a judging activity to evaluate the results of your project with someone else. The judging activity could be a simple discussion with your local 4-H advisor about what you did particularly well with your project and what you might like to do better next time, or a more complex activity such as participating in your county's sewing judging or fashion revue to see how the results of your work compare with those of other teens enrolled in the Sewing and Textiles Master project. To prepare for judging, evaluate what you did for your project using by answering these questions:

1. What did you do and why did you do it?

2. What did you do and why did you do it?

3. What did you do especially well in your project? What are the best parts of your project?

4. If you could improve anything about your project, what would it be? What will you do differently next time you attempt to make something like what you made in your project?

Date Judging Activity Completed: _____

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