

# International Opportunities

Open Your World! Enjoy learning about different cultures through the Ohio 4-H International Program. Ohio families can host youth or adults from around the world, and Ohio youth and adults can live with host families in their countries. The program offers plenty of choices, so please join us!

## Be a Host Family

Welcome an international visitor into your home! Youth and adults from various countries stay with host families for periods of two weeks, one month, or one year. In 2010, we welcome visitors from Japan for one month (July 22 and August 17) or for one year (July 30, 2010 through mid-June, 2011). Month-long families must have their own child of the same gender and age (10-17) as the Japanese visitor.

- For interested Ohio families
- Submit applications as soon as possible, by February 28 for first-choice placements. Applications are accepted until all exchangeees are placed, which is usually March for girls and May for boys. Please don't hesitate to inquire, regardless of date.

## Travel Around the World!

Destinations vary by year. In 2010, Ohio 4-H is sending youth to Australia, Costa Rica, and Norway.

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### Australian Homestay (May travel every year)

Host families live in rural areas in the state of Victoria. About 70% of the families are farmers hoping to host youth with interest in agriculture. A three-night trip to Sydney is included.

- For youth ages 16 to 19 (on travel date)
- June 16 to July 15, 2010
- Approximately \$5,200 per person (depending on airfare)

### Costa Rican Homestay (May travel every year)

A visit to the rain forest and a four-day camp with Costa Rican youth are included in this trip to the beautiful country of friendly people, laid-back culture, and spectacular nature.

- For youth ages 15 to 19 (on travel date)
- June 19 to July 17, 2010
- Approximately \$2,750 per person (depending on airfare).

Every Ohio 4-H International Program requires completion of an international exchange traveler application and/or host family application, both of which are available on our website. Be sure to submit completed applications to the state 4-H office by the date designated.

### Norway Homestay (May travel every "even" year)

Experience Norway, where the summer sun shines for almost 24 hours a day! Live with a host family for one month. Enjoy the remarkable nature of Norway while sleeping in a tent at Nordic Camp with youth from around Scandinavia.

- For youth ages 16-19 (on travel date)
- July 1 to August 5, 2010
- Approximately \$4,300 per person (depending on airfare)

*In 2011, youth will have the opportunity to travel to Finland or Japan for a month-long program!*

## Application Due Dates and Selection Dates

Applications for all travel programs are due to the state 4-H office by January 20, 2010. Required selection interviews for youth and at least one parent are held in Columbus on either Sunday or Monday, January 24 or 25, 2010. Please hold both dates.

## Travel Scholarships for Overseas Programs

Ohio 4-H donors provide travel scholarships of at least \$500 to youth who travel in 2010. Scholarship amount is based on selection interviews and hosting history. Funds are distributed after successful completion of the homestay program.

## Promote International Awareness

Join us in promoting international awareness by . . .

- Inviting a former Ohio 4-H traveler to your club to share what he or she learned while living abroad
- Volunteering as an adult coordinator of international activities in your county. The International County Coordinator (ICC) position allows volunteers to work closely with youth and families in their own counties and to enjoy the camaraderie of fellow ICCs who share a passion for international exchange.

### *Want to know more?*

For additional information on 4-H international opportunities, please visit us on the web, contact your county OSU Extension office, or contact the International Program Manager:

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# Projects by Skill Level

**Project Skill Level**—Unless otherwise noted, skill and age levels for projects are defined as follows:

All Levels (X) — A project appropriate for all skill and age levels.

Beginning (B) — A beginning-level project for members with no experience in a project area, or 8 to 10 year olds.

Intermediate (I) — An intermediate-level project for members with some experience in a project area, or 11 to 13 year olds.

Advanced (A) — An advanced-level project for experienced members in a project area, or 14 or older.

## All Levels

### Animal Sciences

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113 Market Beef Project and Record Book	5
114 Beef Breeding Project and Record Book	5
116 Beef Feeder Calf Project and Record Book	5
119 Dairy Beef Feeder Project and Record Book	5
122 Dairy Heifer Project and Record Book	6
126 Dairy Cow Project and Record Book	6
132 Llama and Alpaca Project and Record Book	7
135D Dairy Goats	6
135F Fiber Goats	6
135H Harness Goats	6
135M Meat Goats	6
135PA Pack Goats	6
135PY Pygmy Goats	6
139 Market Hog Project and Record Book	9
140 Swine Breeding Project and Record Book	9
151 Poultry Production/Raising Pullets	7
152 Poultry Production/ Raising Broilers	7
153 Raising Fancy Poultry	7
166 Raising Turkeys	7
168 Duck or Goose	7
173 Horseless Horse	6
174 Beginning Horse Management	6
198 Market Lamb Project and Record Book	8
199 Pilot Sheep Breeding Project and Record Book	8
201D You and Your Dog - Dog Project and Record Book	8
201O Obedience - Dog Project and Record Book	8
201S Showmanship - Dog Project and Record Book	8
201P Performance - Dog Project and Record Book	8
201W Working Dogs - Dog Project and Record Book	8
215 Guinea Pig	8
220 Small Animals Project Book	9
225 Breeding Rabbit Project & Record Book	9
226 Market Rabbit Project & Record Book	9
227 Pet Rabbit Project & Record Book	9

### Child and Family Development

442 Family History Treasure Hunt	11
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### Creative and Leisure Arts

592 Art as Expression	13
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### Natural Resources

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641 Beekeeping Project and Record Book	17
750 Rifle Member Record Book	24
751 Archery Member Record Book	24
752 Shotgun Member Record Book	24
753 Pistol Member Record Book	24
754 Hunting and Wildlife Member Record Book	24
755 Muzzle Loading Member Record Book	24
756 Living History Member Record Book	24

### Science, Technology, Engineering, and Math

504 Radio Controlled Vehicles	19
540 Rope	20
548 Lawn Care	20

## Beginning

### About 4-H

91 Discovering 4-H	5
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### Animal Science

216 Purr-fect Pals, Level 1	8
244 From Airedales to Zebras, Level 1	10

### Career Exploration

379 Get in the Act! Take 1	10
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### Child and Family Development

434 Growing on My Own	10
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### Clothing and Textiles

407 Accessories for Teens	12
409 Ready Let's Sew	11
410 Fun with Clothes	11
413 Joyful Jumper (ages 11-13)	11
419 Tops For Tweens (ages 11-13)	11
427 It's Time for Clothing-Beginner	11

### Creative and Leisure Arts

496 Collectibles	13
497 Scrapbooking: A 4-H Guide to Preserving Memories	13
584 Focus on Photography, Level 1	13
596 Play the Role	13

### Home Living

491 Adventures in Home Living	15
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### Food and Nutrition

459 I Spy in the Kitchen (ages 9-11)	14
481 Food & Fitness for Fun (ages 9-11)	14
483 Sports Nutrition 1: On Your Mark!	14
484 Snack Attack!	14
487 Fast Break for Breakfast (ages 10-12)	14

### Healthy Living

351 Staying Healthy	15
353 First Aid in Action	15

### Money Management

445 Becoming Money Wise	16
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### Natural Resources

611 Let's Explore the Outdoors I	17
617 Exploring Ohio Ponds	17
621 Ohio Birds	17
623 Fishing for the Beginner	17
630 Safe Use of Guns	18
631 Basic Archery	18
644 Exploring Our Insect World 1	17
671 How Does Your Garden Grow?	17
691 Vegetable Gardening I	17

### Science, Technology, Engineering, and Math

501 Rockets Away (2-liter bottles)	18
502 Fun with Flight	18
503 Rockets Away (Estes-type)	18
517 Bicycle Adventures, Level 1	18
527 Magic of Electricity, Level 1	19
531 Science Fun with Electricity	19
507 Robotics Explorer, Level 1	19
541 Crank It Up	20
551 Tractor 1: Starting Up	20
556 Measuring Up	20

### Younger Members

Do you have a beginning-level 4-H member who is just learning about 4-H projects? The titles below are all good choices for our very youngest members.

91 Discovering 4-H	5
173 Horseless Horse	6
216 Purr-fect Pals, Level 1	8
244 From Airedales to Zebras, Level 1	10
409 Ready Let's Sew	11
410 Fun with Clothes	11
427 It's Time for Clothing—Beginner	11
459 I Spy in the Kitchen	14
484 Snack Attack!	14
501 Rockets Away (2-liter bottles)	18
502 Fun with Flight	18
503 Rockets Away (Estes-type)	18
517 Bicycle Adventures, Level 1	18
531 Science Fun with Electricity	19

## Intermediate

### Animal Sciences

175 Light Horse Selection	6
177 Horse Training: How to Talk to Your Horse	6
180 Learning to Jump	6
181 Draft Horse	6
184 Standardbred Horse	7
188 Trail Riding	7
189 Dressage	7
217 Climbing Up, Level 2	8
245 All Systems Go, Level 2	10

### Child and Family Development

435 Growing With Others	10
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### Clothing and Textiles

412 Sew for Others	12
415 Active Sportswear	12
423 Sportswear for Spectators	12
424 Clothing for Middle School	11
428 It's Time for Clothing—Intermediate	11

### Creative and Leisure Arts

497 Scrapbooking: A 4-H Guide to Preserving Memories	13
585 Controlling the Image	13
588 Creative Writing	14
597 Become a Puppeteer	13

### Food and Nutrition

461 Let's Bake Quick Breads	14
472 Outdoor Chef (ages 12-14)	14
475 Star Spangled Foods (ages 12-14)	14
482 Food & Fitness Choices for You (ages 12-14)	14
485 Racing the Clock to Awesome Meals	15

### Healthy Living

300 You're the Athlete (11-14)	15
352 Keeping Fit	15

### Home Living

494 Designing Interiors	15
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### Money Management

446 Money Fundamentals	17
447 Money Moves	17

### Natural Resources

613 Exploring Our Forests	17
614 Tree Planting	17
622 Trapping Muskrats in Ohio	17
624 Fishing for the Intermediate	17
645 Exploring Our Insect World 2	17
674 Indoor Gardening	17
692 Growing with the Seasons	17

### Science, Technology, Engineering, and Math

508 Robotics Probe, Level 2	19
518 Bicycle Adventures, Level 2	18
528 Investigating Electricity, Level 2	19
529 Wired for Power, Level 3	19
542 Warm It Up	20
543 Tune It Up	20
552 Tractor 2: Gearing Up for Safety	20
553 Tractor 3: Moving Out	20
557 Making the Cut, Level 3	21
573 Arcs and Sparks	21

## Advanced

### Animal Sciences

185 Equine Reproduction and Genetics	7
218 Leaping Forward, Level 3	8
246 On the Cutting Edge, Level 3	10
762 Horse Nutrition	7

### Child and Family Development

436 Growing in Communities	10
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### Clothing and Textiles

406 Clothes for High School and College	12
408 Creative Costumes	12
417 Dress-Up Outfit	12
418 Lounging Apparel	12
420 Outer Layers	12
425 Frugal Fashion	12
426 Clothing for Your Career	13
429 It's Time for Clothing—Advanced	12

### Creative and Leisure Arts

586 Mastering Photography, Level 3	13
587 Writing and Reporting for Teens	14
598 Set the Stage	13

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469 Global Gourmet	15	554 Tractor 4: Learning More	20
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377 Speak Out	16	365.14—Global Climate Change	21
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